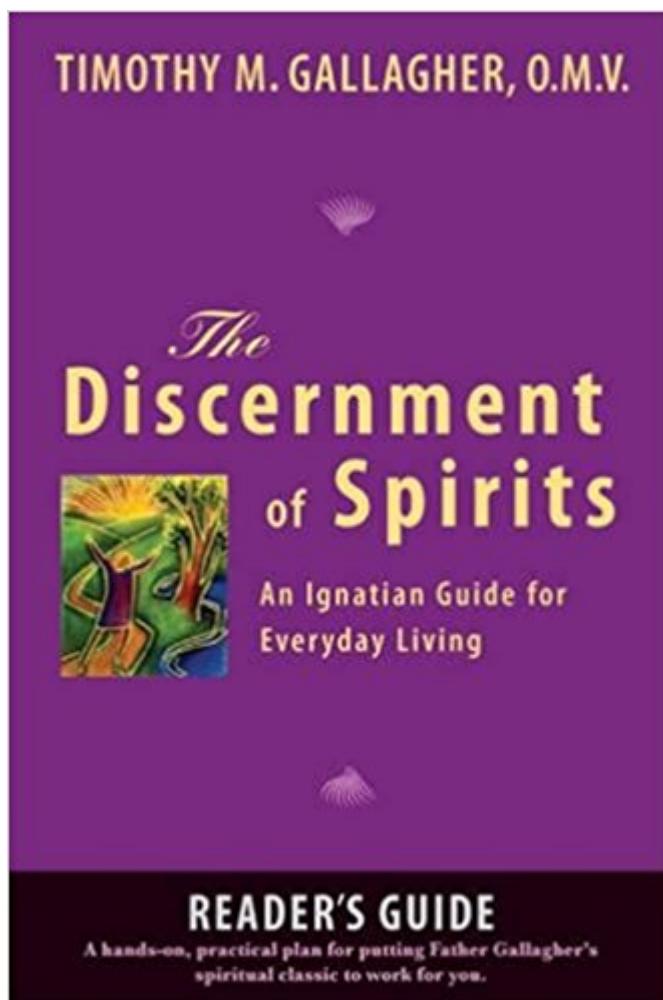


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# The Discernment Of Spirits: A Reader's Guide: An Ignatian Guide For Everyday Living



## Synopsis

This handy, easy-to-use workbook is chock full of probing questions, real-life stories, and practical tips on how to apply the profound spiritual insights from the Ignatian tradition of patient, prayerful self-examination. Acclaimed interpreter of Saint Ignatius, author Father Gallagher provides clear explanations of the centuries-old Jesuit method of discerning God’s will in one’s life—and avoiding evil. A practical guide and journaling tool, it includes ample space on every page for notes, reflections, and journaling, all to help readers track their progress toward a closer, more loving union with God.

## Book Information

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## Customer Reviews

Timothy M. Gallagher, OMV, is considered to be one of the greatest interpreters of the spirituality of Ignatius of Loyola. He is a popular retreat leader, an Ignatius scholar, and a lecturer. He is the author of several books, including *Begin Again*, *The Discernment of Spirits: The Ignatian Rule for Everyday Life*, *The Examen Prayer*, *An Ignatian Introduction to Prayer*, and *Meditation and Contemplation*. He lives in Boston.

I come to this work as a non-Catholic. I've listened to Timothy Gallagher on YouTube. He has a whole series on the work of St Ignatius. I wish that I had exposure to these rules of spiritual discernment of spirits. It would have made my experience with the Spiritual Path more clear and less flying by the seat of my pants and my heart for grace. Gallagher brings these early yet contemporary teaching on spiritual discernment into contemporary language. But more importantly,

he brings to them a clarity of purpose and knowledge of one who is clearly doing his work and staying live to the subject. I especially like the Reader's guide, which I usually dislike in many writings. This has the power to underscore what needs to be underscored and applied as you actually live, not as you want to be seen by the teacher.

How I wish this I had been introduced to this book 30 years ago. What Father Timothy Gallagher has done in this book and its companion can only be compared to how a loving shepherd leads his sheep through a minefield to the safety of verdant pastures. Through his detailed and clear explanation of the 14 Rules of Discernment of Spirits along with practical examples and scenarios, Father Timothy has provided the reader a roadmap out of the chaos and deceptive paths of the evil one. Listening to his lectures, reading the book and working through the prescribed exercises in the workbook through prayers will be used by God to set the captives free. It should be a "primer" for all.

Very good book for an increase in spiritual maturity. We had a class at our church. Everyone loved the book.

As a Spiritual Director, this is a must read for all my directees. Everyone who is walking with God in their journey NEEDS this book. It is a playbook against the enemy.

very helpful

I great companion to the book of the same name.

The set of books guide and book were very helpful

St. Ignatius has given us the tools to recognize our spiritual ups and downs, and how to deal with them. The methods and insights presented here are incredibly valuable and potentially life-changing.

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